



A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH VICKI TYLKA

I have been with NCHC for 21 months, just three months short of 2 years. In that time, I have been part of amazing success in our Behavioral Health Services. These successes were recently shared with our NCHC Board and was met with enthusiasm and appreciation for the hard work and dedication it has taken to reach these milestones.

Our census numbers have increased in all of our crisis stabilization facilities and inpatient hospitals, in addition to our 28-day medically monitored residential treatment program. This means serving more of our tri-county citizens locally and being a resource to numerous other counties that we contract with. In addition, this strengthens our financial sustainability as an organization. In Outpatient Services, our therapists have embraced productivity measures that ensures we are able to serve the volume of people who need our services. Lastly, in Community Treatment, increased attention to quality assurance improves the outcomes to those we serve.

I want to extend my appreciation and respect for the diligence, focus and hard work of all our program and clinical staff and all of those who support their work. Together, we are reaching our desired future state. Our **partnership** with our Social Services Department leaders has been strengthened as we join together on **continuous improvement** efforts.

Imagine what the next two years will bring us!

Take a minute and reflect on something YOU did that was helpful to someone you work with today and know that you have made a difference.

Happy October,

Vicki Tylka
Managing Director of Community Programs

2024 NCHC Vaccination Program	2
Employee Recognition.....	3-4
Recruitment at NCHC	5
Halloween Candy Donations!	6
Tria Health	7
Fun for Residents.....	8
Remaining Employee Updates Schedule	11

Shout out



Morgan Piller,
Adult Behavioral Health Hospital

Thank you for helping me when we were busy on the unit!

Shared By:
Maggie Mishall



Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.



North Central Health Care 2024 EMPLOYEE VACCINATION PROGRAM



**ALL Employees
Must Complete by
November 15**

1

Get your Flu and/or Covid vaccinations*.

Provided FREE at Employee Vaccination Clinics or from a NCHC Nurse Vaccinator in your department. You can also get your vaccines at your own expense from provider in community. Remember to get proof of vaccination from provider.

2

Complete the required forms.

- Influenza Vaccination OR Declination Form;
- Covid Vaccination OR Declination Form;
- AND
- TB Risk Assessment Form

3

Return your forms to NCHC Employee Health.

EMPLOYEE OPEN VACCINATION CLINICS

No appointment required!

NCHC Wausau Campus Open to all Staff

Location: Blue Jay Room
(Suite B – located next to the MVCC Administration office just past the Bistro.)

- 9/30... 1:30 – 2:30 pm
- 10/2... 7:00 – 9:00 am, 10:30 am – Noon
- 10/8... 7:30 – 9:30 am
- 10/9... 2:30 – 4:00 pm
- 10/16... 9:30 – 11:00 am

Note: MVCC staff will have vaccines offered at their upcoming Town Hall Meetings in October, but can attend one of the above dates as well.

Pine Crest Open to all Merrill Center and Pine Crest Staff

Location: Front Conference room
10/17... 6:00 am – 2:30 pm
10/22... 6:00 am – 10:00 am
10/24... 1:00 – 4:00 pm

Antigo Center

Contact Kristin King for Nurse Vaccinator appointments.



Visit www.norcen.org/ForEmployees

**for more details, FAQ's, and copies of forms!
No Sign-up required for Employee Open Vaccination Clinics.**

Questions? Contact your Manager or Employee Health at 715.848.4396

Employee Recognition Awards

Deadline Extended to **OCT 4** for This Quarter's Nominations

Share your experience with a coworker or team that demonstrated the outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

Recognition is Awarded Quarterly for:

- Outstanding Person-Centered Service
- Outstanding Service Excellence
- Team Partnership
- Outstanding Leadership

North Central Health Care
Person centered. Outcome focused.

Employee Recognition Program
Quarterly Award Nomination Form

Please complete this form by sharing your comments about the experience you had with the employee(s) that demonstrated the individual or team's outstanding work and commitment to providing excellent Person-Centered Service at North Central Health and the community.

REQUIRED: Check One Award Category Below

Outstanding Person-Centered Service Award
Recognizes an employee who provides direct care, attends patients and works effectively to ensure the optimal patient experience and implementing Person-Centered Service. Recipient selected by Recognition Committee, NCHC Directors, Managers and Supervisors are not eligible for this award.

Outstanding Service Excellence Award
Recognizes an employee who does not provide direct care, but consistently achieved exemplary performance within their position and has received recognition for programs and services of NCHC. Recipient selected by Recognition Committee, NCHC Directors, Managers and Supervisors are not eligible for this award.

Outstanding Team Partnership Award
Recognizes any work team, committee or department who has made significant contributions to advance the mission and reputation of the department or organization. 15 employees or less per group. Recipient selected by Executive Management Meeting.

Outstanding Leadership Award
Recognizes a director, manager or supervisor who inspires, influences and conducts themselves in a professional manner, acting as a role model for others to follow in the workplace and our community. Recipient selected by Executive Management Meeting and presented quarterly at the Management Meeting.

Note: Recipients are selected based on the criteria for each award which can be found on www.norcen.org/ForEmployee

Employee(s)/Team You Are Recognizing
Name(s): _____ Department: _____
Title: _____

Your Information
Name: _____ Today's Date: _____
Title: _____ Department: _____
Phone Number/email: _____

The awards will be distributed quarterly:

Quarter	Submission Dates	Selection and Recognition Planning
1st Quarter	January 1 to March 31	April
2nd Quarter	April 1 to June 30	July
3rd Quarter	July 1 to September 30	October
4th Quarter	October 1 to December 31	January

Please complete page 2 of this form.

Nominate a Coworker or Team today! www.norcen.org/Recognition



OCTOBER IS CYBERSECURITY AWARENESS MONTH!

We are very excited to announce that CCITC's Information Security Team has a lot planned for October, which is Cybersecurity Awareness Month! We will be sending out weekly communication regarding different topics within the world of Information Security, as well as hosting weekly webinars from 10:30am to 11:00am on Thursdays throughout the month of October (starting Thursday, October 10th). We hope this information will be helpful in both your professional and personal lives in this always changing world. Keep an eye on your inbox for more information to come!



SEPTEMBER GAB SESSION: COMMUNICATIONS & MARKETING

Inspired by Core Values & Committed to Person-Centered Service!



The following employees were nominated and selected for their outstanding demonstration of our NCHC Core Values and Person-Centered Service. Congrats to the following individuals and teams for their achievements.

Employee Recognition Awards



OUTSTANDING PERSON-CENTERED SERVICE AWARD Matt Karpinsky, Registered Nurse, Adult Hospital

Congratulations to the Matt Karpinsky, recipient of this quarter's Person-Centered Service Award.

Matt was Recognized for:

- His unwavering dedication to providing care that is least restrictive, trauma-informed, and Person-Centered;
- His advocacy for patients and his comfort and ability to provide constructive feedback to his peers;
- His passion for mentoring students;
- His dedication to his coworkers as "Staff Morale Specialist."

Nominated by Samantha Hable, Wendy Peterson, Caitlin Jeske, Terri Ryan, Brandi McDonough & Katie Morgan.

OUTSTANDING TEAM PARTNERSHIP AWARD Community Treatment Nursing Team



Congratulations to the Community Treatment Nursing Team, recipient of this quarter's Team Partnership Award. The team consists of Erin Wachtendonk, Colleen Yaatenen, Tricia Kurtz, Heather Phelps, and Noel Boismenu.

The Team was Recognized for:

- Creating a solid and supportive work environment
- Implementing a new document to streamline process for pertinent patient information;
- Exceeding dashboard expectations for over a year;
- Collaboration with programs and providers to ensure proper care and safety for all consumers;
- Continuing to build strong relationships with consumers;
- Detail-oriented and truly embrace the team approach.

The team was nominated by Becky Kopp and Jennie Comfort.

OUTSTANDING SERVICE EXCELLENCE AWARD Jackie Nikolai, Registration Specialist, Merrill Center



Congratulations to the Jackie Nikolai, recipient of this quarter's Service Excellence Award.

Jackie was Recognized for:

- Effectively leading by example and her consistent communication;
- The trust she builds with clients and staff that is based on support and kindness;
- Her welcoming nature, reliability, and proactive approach;
- Her voice of reason, positivity, and high-quality work ethic.

Nominated by Allison Smith.

OUTSTANDING LEADERSHIP AWARD Jacie Cihlar, Manager of Pharmacy

Congratulations to the Jacie Cihlar, recipient of this quarter's Service Excellence Award.

Jacie was Recognized for:

- Her leadership through a Pyxis upgrade as well as multiple contract and vendor changes to find cost savings to benefit NCHC;
- Her ability to manage staff and keep operations running smoothly;
- Her kindness, caring, transparency, and encouragement of staff to bring new ideas forward;
- "The department culture has changed drastically, and employees truly feel valued under her supervision."

Nominated by Kendra Eisner.



Nominate a Coworker or Team today! www.norcen.org/Recognition



PHOTO OF THE WEEK

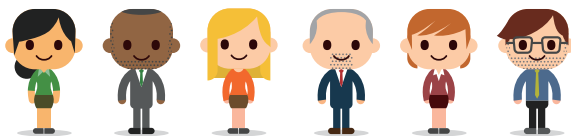


MORE RECRUITMENT EVENTS FOR NCHC!
University of Wisconsin - Stout Career Fair

This past week, Jennifer Comfort and Tyler Drake, both of Community Treatment, along with Bo Johnson of Human Resources attended a Career Fair event at UW-Stout. The career fair focused on business, hospitality, and human sciences careers. The team was able to connect with students with a variety of interests and share job opportunities with them. Great work team! Many more opportunities are coming up! This week, we are attending a UW-Eau Claire career fair and next week, NCHC is hosting our own On-site Hiring Event! Now is a great time to refer a friend or colleague and get a \$1,000 or \$500 referral bonus, based on FTE hired!

We want MORE Awesome People like YOU on Our NCHC Team!

Be sure to **SHARE** our Career Posts on Social!





Got Magazines to Dispose Of??

Donate Them!



DONATION REQUEST Magazines Wanted

Therapists in Outpatient Services have requested donations of magazines of all topics to assist with client programming.

Please drop off any used magazines at the Volunteer Office located at Door 5 at the Mount View Care Center main entrance. Thank you in advance for your donations!



Nursing Home Halloween Candy Donations

Halloween is quickly approaching, and the Nursing Home Life Enrichment Departments are in need of small wrapped candies for our annual safe trick-or-treating.

Mount View Care Center Trick-or-Treating Thursday, October 31 from 3:00–5:00 pm

Candy donations can be dropped off at the Guest Services Desk, Volunteer Office, or with a Mount View Care Center Life Enrichment Team Member.

Pine Crest Trick-or-Treating

Thursday, October 31 from 3:30–5:00 pm

Candy donations can be dropped off at the front desk or in the Life Enrichment Office.

Thank you for your generosity and kindness!

Trick or Treat

Drug Trends Training

Featuring the One Pill Can Kill Campaign

2 SESSION OPTIONS - SAME GREAT CONTENT

- Cost:** Free
- Date:** Wednesday, October 9th
- Time:** 3:00-4:00 PM or 6:00-7:00 PM
- Location:** Lake View Conference Center | Michigan & Superior Rooms
1000 Lake View Dr, Wausau, WI 54403

Presenter: Special Agent Greg Czaczkowski, Drug Enforcement Administration

WHAT WILL YOU TAKE AWAY?

1. An understanding of substance misuse in the Midwest
2. Knowledge of new and emerging drug trends
3. Resources and tools to support individuals who experience addiction and prevent initiation of substance misuse

WHO SHOULD ATTEND?

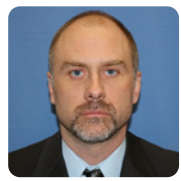
Parents, guardians, educators, teachers, law enforcement, treatment providers, youth-serving organizations, & anyone interested in learning more!

Click [HERE](#) to Register!



ABOUT THE PRESENTER:

Special Agent Greg Czaczkowski has been an agent with the Drug Enforcement Administration for 19 years. SA Czaczkowski began his career in the New York Division (NYD) where he has worked intensively to disrupt and dismantle various types of local and international Priority Target Organizations (PTO). During SA Czaczkowski's career, he has developed, controlled, and debriefed Confidential Sources, coordinated surveillance operations as well as directed undercover operations. SA Czaczkowski has been responsible for cases that have led to several arrests and seizures of narcotics, firearms, vehicles, and money. He has testified as a witness in federal trials and federal grand juries and has also been under cover in several buys and a buy-bust operation. In July 2012, SA Czaczkowski became a Firearms Instructor (FI), and in 2014 he was transferred to the Chicago Field Division where SA Czaczkowski was assigned to a High Intensity Drug Trafficking Area (HIDTA) group. SA Czaczkowski also became a member of DEA Chicago's Special Response Team (SRT) which is a voluntary team of agents who are highly trained in arresting high-risk and violent drug offenders. In the fall of 2015, SA Czaczkowski was attached to a Violent Crime Task Force targeting some of the most violent drug offenders in the city of Chicago.



Currently, SA Czaczkowski is the Division Training Coordinator and the Demand Reduction Coordinator for Chicago. These duties include coordinating and organizing training for Illinois, Wisconsin, and Indiana offices of the DEA. As the Demand Reduction Coordinator, SA Czaczkowski has been a guest speaker at various schools and community organizations presenting a "Red Ribbon / I Choose My Future" and "One Pill Can Kill" program which discusses the dangers of substance misuse, speaking to over 33,000 youth in the Chicago area in the last 7 years. SA Czaczkowski helped coordinate the Chicago Field Division's Family Summits on fentanyl poisonings and overdoses in 2022 and 2023. On January 27, 2024, SA Czaczkowski received the Elks Illinois State Enrique Camarena Award in Springfield Illinois. This is an award to recognize and honor law enforcement officers who have made a significant contribution in the field of drug prevention. In 2023, SA Czaczkowski conducted over 53 drug awareness presentations.

SA Czaczkowski has a Masters of Arts in Administration of Justice from Southern Illinois University Carbondale and is fluent in the Polish language.



TAKE CONTROL OF YOUR HEALTH

Unlock Better Medication Understanding with Tria Health



ABOUT US

Tria Health® is a free and confidential benefit available through your health plan. If you have a chronic condition or take multiple medications, Tria Health's pharmacists are ready to support you in managing your health.

At Tria Health, our pharmacists ensure your medications are doing their job properly. They also give you personalized advice to help you handle any issues or questions you might have about your health.

EARN UP TO \$150

By completing your consultation with a Tria Health pharmacist, you will receive a \$50 Prepaid Mastercard. Members can qualify to receive up to \$150 within a 12-month period.

HOW TRIA CAN HELP

Ensuring you take your medications as prescribed is crucial for your health. But, we understand there can be challenges. Talk to a Tria Health pharmacist today about any of the following problems:



Side Effects



Lack of Effectiveness



Affordability

GET SCHEDULED!



913-322-8456
Toll Free: 888-799-8742



You can also schedule your first phone consultation online: www.triahealth.com/schedule



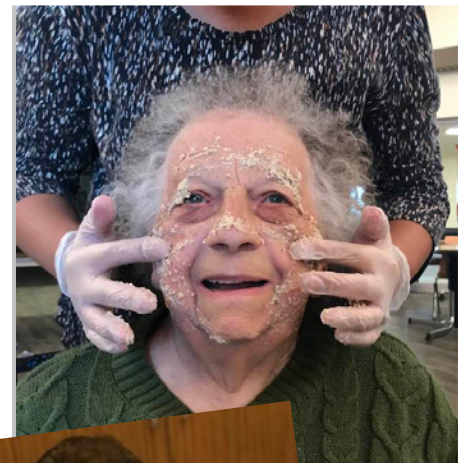
FUN FOR RESIDENTS AT MOUNT VIEW AND PINE CREST Amazing Activities!!!

Our residents at Mount View Care Center and Pine Crest have been having lots of fun this fall! For starters, thank you to Cycling without Age Marathon County for providing the two trishaws that took Mount View Care Center residents and community members around Marathon Park as part of the 2024 Wausau Area Walk to End Alzheimer's. Mount View Care Center residents, family, and volunteers were honored to spend their morning at Marathon Park in support of ending Alzheimer's and other dementias. Approximately 5.8 million Americans aged 65 and older are living with Alzheimer's disease, according to the Mayo Clinic. We await the day that there will be a cure or end to this devastating illness.

At Pine Crest, residents were treated to "Grandparent Spa" with foot masks, sugar scrubs, face masks and massages! Sounds wonderful!

Thank you so much to our Activity Teams at both facilities.

You are simply amazing!!!



Please note: All photos of residents are shared with permission from the resident or guardian.





WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA
OPEN TO ALL NCHC & WAUSAU CAMPUS EMPLOYEES

MONDAY – FRIDAY

WEEKENDS

Grab-N-Go 8 am – 6:30 pm

The Employee Cafeteria is Closed.

Lunch 10 am – 2 pm

Soup, Salad Bar & Hot Food Bar

Soup Served until 6:30 pm or until sold out.

WEEKDAY SALAD BAR &
HOT FOOD BAR \$.45/OUNCE

Daily Hot Sandwich Menu

FEATURING DAILY SPECIALS LIKE GRILLED BEEF & CHEDDAR, CHEESEBURGERS, BBQ SANDWICHES, TUNA MELTS, PIZZA & MORE!!

Make your own cold or hot sandwich with fixins' OR self-serve at the salad bar.

SEPTEMBER 30 – OCTOBER 4, 2024

MAIN ENTRÉE
SOUP
SANDWICH
DESSERT

MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
Ranch Pork Medallions Baked Yams Mixed Veggies	Chicken Lasagna Zucchini & Tomatoes Breadstick	Baked Fish Cheesy Baked Potatoes Seasoned Cabbage	Roast Turkey Rice Pilaf Parslied Carrots Dinner Roll	Crab Cakes Boiled Potatoes Creamed Peas
Turkey Dumpling Soup	Taco Soup	Beef Noodle Soup	Cream of Broccoli Soup	Chili Soup
Hamburger on a Bun	Monte Cristo Sandwich	Homemade Pizzas	Nacho Bar	Shredded Pork on a Bun
Banana Split Dessert	Frosted Banana Bar	Caramel Apple Crisp	Frosted Chocolate Cake	Caramel Brownie

OCTOBER 7 – 11, 2024

MAIN ENTRÉE
SOUP
SANDWICH
DESSERT

MONDAY	TUESDAY	WEDS	THURSDAY	FRIDAY
Cheesy Meatloaf Baked Winter Squash Wax Beans	Boiled Dinner Green Beans Dinner Roll	Turkey & Dumplings Mixed Veggies Dinner Roll	Creamy Swiss Steak Baked Potato Parslied Carrots	Catfish Nuggets Roasted Sweet Potatoes Broccoli Cuts
Cream of Potato Soup	Cream of Broccoli	Texas Tomato Soup	Taco Soup	Split Pea Soup
Grilled Ham & Cheddar or Swiss	Breaded Chicken Tenders	Bacon Cheeseburger	BBQ on a Bun	Tuna Melt
Cherry Delight	Blueberry Blondie	Cherry Cake	Cinnamon Baked Apples	Pumpkin Fluff





THE BISTRO

NOW OPEN 7 DAYS A WEEK! | WEEKDAYS 7:30AM - 3PM | WEEKENDS: 9:30AM - 5PM

THE BISTRO WILL BE CLOSED ON WEEKENDS FROM 1-1:30PM TO ACCOMODATE STAFF BREAKS

*HOT FOOD IS AVAILABLE AT THE BISTRO DAILY UNTIL 2:30PM *



SPECIAL OF THE WEEK

Pizza Panini

MARINARA SAUCE | MOZZARELLA CHEESE
GRILLED ONIONS | SAUSAGE | PEPPERONI

LATTE OF THE WEEK

Pistachio Latte

Rich espresso and steamed milk paired with warm notes of pistachio.

\$1 OFF LARGE LATTES EVERY MONDAY!



**Please note: All sales subject to Sales Tax.*

Ice Cream

ICE CREAM CONE1.50
ICE CREAM SUNDAE2.25



- build your own - **BREAKFAST SANDWICH**

EGG + CHEESE 3.00
EGG, MEAT + CHEESE 4.00

PICK YOUR BREAD

CROISSANT | BAGEL
ENGLISH MUFFIN

PICK YOUR MEAT

HAM | SAUSAGE | BACON



Come together with your colleagues to stay informed and connected.

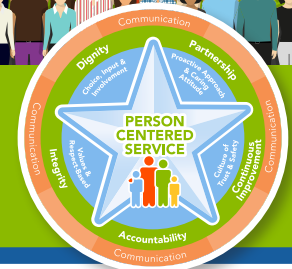
Fall 2024

EMPLOYEE UPDATES



Join Us for Fall Employee Updates

Sessions offered September 30 – October 3



Presented by
GARY OLSEN,
EXECUTIVE DIRECTOR

Scan with Your
Smartphone Camera App
to Register!



If you are unable to attend in-person, a video will be available after the final session.

Employees can make arrangements to attend one of the in-person sessions by registering in UKG Learning.

Remaining Sessions!

TUES, OCT 1	MERRILL CENTER 12 Noon Conference Room
	PINE CREST 2:00 pm Classroom

WEDS, OCT 2	WAUSAU CAMPUS 6:15 am MVCC Community Room
	10:30 am MVCC Community Room

THURS, OCT 3	ANTIGO CENTER 3 pm Conference Room
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Register Today in UKG Learning!